CONTINUING PROFESSIONAL DEVELOPMENT

Activity Examples

Every Registered Health Play Specialist is required to undertake a process of Continuing Professional Development (CPD) and to maintain a record of this in the form of a professional portfolio.

When due for audit, the HPS is required to submit a CPD Profile which demonstrates that they have undertaken at least 15 hours of CPD relevant to their scope of practice, during each of the three years prior to the audit date. They will be able to draw on their professional portfolio as a source of evidence to include in their CPD Profile.

The CPD Profile must include evidence of at least 10 hours of participatory learning AND at least 5 hours of non-participatory learning for each year. Participatory learning refers to learning that you have actively participated in with other professionals. It may include learning which takes place in a virtual environment, such as an online discussion group or a professional Twitter discussion. Non-participatory learning refers to individual, personal learning that you undertake independently.

The following list offers suggestions as to the kinds of activity which might constitute Continuing Professional Development (CPD). It is not exhaustive, and it is intended that each individual HPS will make a professional judgement as to the type and frequency of activity that allows them to meet HPSET's criteria for re-registration which are identified on page 5/6 of the Profile Guidelines available at: https://hpset.org.uk/profiling/

Work-based learning

- Professional practice *(NB. This should relate to a new or challenging episode, NOT aspects of the core role.)*
- Clinical audit of play practice
- Peer discussions (e.g., play team/MDT meetings*)
- Engagement with NHS/employer initiatives (e.g., skill-sharing/peer training)
- Additional skills training
- Peer/student supervision or mentorship*
- Professional visits and feedback thereof
- Role expansion
- Clinical supervision/Schwartz Rounds*
- Participation in a debriefing session after a significant incident
- Project work or management (e.g., setting-up a new provision)
- Mandatory training relevant to your scope of practice

*N.B. Only one session/meeting can be logged for each CPD activity and the focus should be on the opportunity it presents for <u>new</u> learning.

Professional Activity

- Involvement in a professional body (e.g., HPSET/NAHPS)
- Participation in professional consultations
- Lecturing or teaching
- Mentoring
- Involvement in NAHPS/HPSET Board/Branch Meetings
- Conference presentations
- Writing for publication (journals, books, newsletters)
- Participation in research projects

Formal/Educational Activities

- Training courses
- Further Education
- Attendance at conferences or seminars
- Remote learning/research (webinars, podcasts etc.)
- Engagement with social media

Self-directed Learning

- Reading journal articles/relevant literature
- Reviewing books or articles
- Updating knowledge through the media
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Other

- Public service
- Charitable or Voluntary work
- Self-development activity (e.g., assertiveness training, stress management, public speaking, mindfulness)

Continuing Professional Development is a critical process of reflection, analysis and evaluation. The CPD Profile should clearly identify the learning that has taken place and represent a reflective analysis of how it has influenced practice – rather than merely list activities undertaken.

When reflecting on your CPD, you should consider the following questions:

- What do I know or what can I do now that I couldn't do before undertaking this CPD activity?

- What can I apply immediately or in the future to my HPS practice? (Give examples of where/when/who with.)

- Is there anything I didn't understand or need to explore further, or read more about, to clarify my learning?

- What do I need to do next, or what else do I need to know, to extend my professional development in this area of learning or practice?

- How does this activity relate to my understanding and delivery of *HPSET's Code of Conduct and Professional Standards*?