

# Healthcare Play Specialist Education Trust

(A Charity Registered in the U.K. - Reg. No. 292218)



## Annual Report

### January 2016 – January 2017

# Healthcare Play Specialist Education Trust

Setting the standard of excellence in provision  
of play and recreation in healthcare

## Annual Report 2016-2017

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**Email:** [admin@hpset.org.uk](mailto:admin@hpset.org.uk)

**Website:** [www.hpset.org.uk](http://www.hpset.org.uk)

## Members of and Advisors to the Trust January 2016 to January 2017

<b>Chair</b>	Ms Tina Clegg
<b>Vice Chair</b>	Ms Joy Clapham
<b>Chief Registration Officer</b>	Mrs Meriel Tootell
<b>Honorary Treasurer</b>	Mr Richard Spicer
<b>Secretary</b>	Ms Alison Tonkin

### **Board Members**

Mrs Frances Barbour	
Mrs Judith Dibble	British Psychological Society
Mrs Emma Eardley	National Association of Health Play Specialists
Ms Christina Freeman	Society and College of Radiographers
Ms Angela Horsley	
Mrs Norma Jun-Tai	National Association of Health Play Specialists
Mrs Janet Morris	
Ms Irene O'Donnell	National Association of Health Play Specialists
Mrs Maureen O'Hagan MBE (retired)	World Organisation for Early Years Education
Mrs Laila Paulsen-Becejac	University of West London
Ms Catherine Gardener	
Ms Aimee Coltman	
Ms Lynn Randall	

### **Legal Adviser**

Potter Rees

### **Independent Examiner of Financial Statements**

Edward Thomas Peirson & Sons, Chartered Accountants,  
21 The Point, Rockingham Road, Market Harborough, Leicestershire, LE16 7NU

### **Web Master**

Dr Lee Whitmore (up until October 2016)

Tom Merriman, Effective Web Design

### **Registration Co-ordinator**

Ms Julia Whitaker

Box 205, 44-46 Morningside Road, Edinburgh, EH10 4BF

Email: [registration@hpset.org.uk](mailto:registration@hpset.org.uk)

Telephone: 07517 894 596

## Trustees 2016 – 2017



Maureen O'Hagan



Judy Dibble



Emma Eardley



Norma Jun-Tai



Janet Morris



Irene O'Donnell



Christina Freeman



Frances Barbour



Angela Horsley



Laila Paulsen



Catherine Gardener



Alison Tonkin



Joy Clapham



Aimee Coltman



Lynn Randall

## HPSET Trustee Activities 2016



**Tina Clegg  
Chair**

My first year in office as Chair has been busy and very productive. I would like to thank the Board of Trustees, Joy Clapham -Vice Chair, Meriel Tootel - Chief Registration Officer, Richard Spicer - Treasure, Alison Tonkin - Secretary and Julia Whittaker - Registration Co-ordinator for all embracing the changes we have made and for their support, questions and contributions.

We started 2016 by developing actions plans for the key work streams for 2016 and we targeted three key areas:

- Re-validation of the Foundation Degree in Healthcare Play Specialism which was successfully achieved
- Development of a new website again successfully achieved
- Continual review of the re-registration process with successful achievements

The re-validation of The Healthcare Play Specialism Foundation Degree was led by Laila Paulsen -Becejac of The University of West London and Trustee of HPSET. This was a rigorous quality review of the academic elements of the course, which required re-writing of the competency handbooks, meetings with mentor representatives and a formal panel review including external experts. Representatives from the University, tutors, mentors, HPSET and NAHPS all attend the formal review and the course has been re-validated for the next five years. This one small paragraph does not represent the many hours, days and weeks of work undertaken by all involved in the process.

We were very sorry to receive notification that Stanmore College has not been validated by the University of West London to continue to run the Foundation Degree in Healthcare Play Specialism (FdA HPS) due to a college failed OFSTED inspection. Alison Tonkin and her team at Stanmore have been involved in the development and delivery of the FdA HPS. We acknowledge their expertise, quality



of course delivery and the numerous graduates from the college who are today's practitioners.

NESCOT College has been validated by the University of West London to start delivering the Healthcare Play Specialism Foundation Degree in February 2017. We thank Laila Paulsen-Becejac and Norma Jun-Tai - Course Tutor, NAHPS and HPSET Trustee for the speed with which they have undertaken the business planning and development of the course and wish them and their students every success.

Congratulations to all the students on FdA HPS 2016 who passed the course and who are now registered practitioners. We welcome you to the profession and I had the pleasure of meeting the Stanmore and North Warwickshire & South Leicester graduates in November at the University of West London graduation ceremony.

Joy Clapham - Vice Chair, led on the development of the new website. We worked together on a challenging and interesting project. We scoped out the details of the website and Joy found an excellent webmaster, developed a budget and delivery timetable for the project.

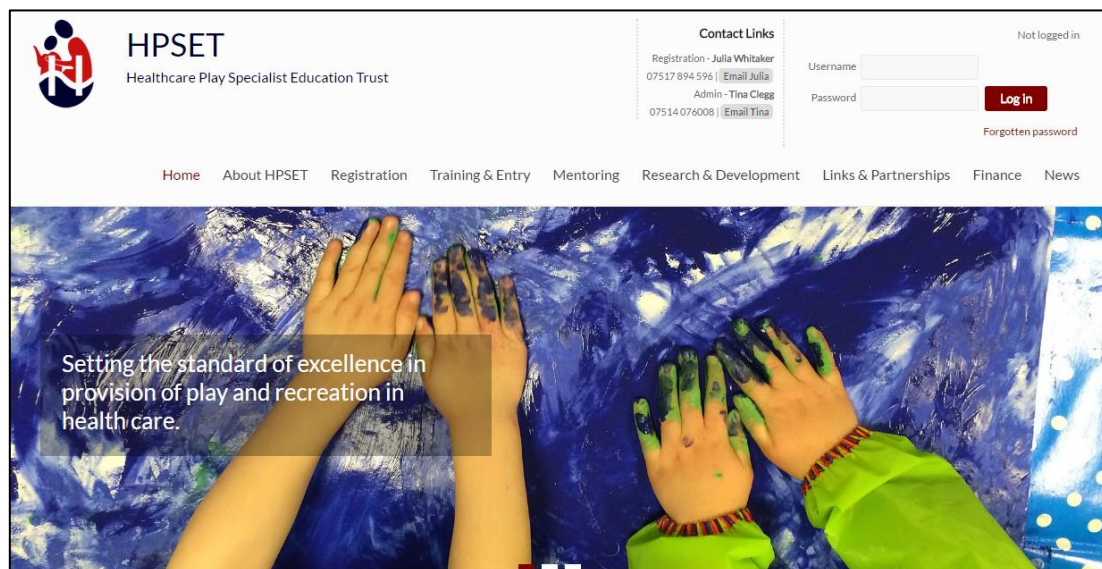


Figure 1: Home page for the new HPSET website

The development of the secure registration section took many hours and was a key part of the changes agreed by the Board, who wanted you, the practitioner, to be able to review your registration page, update the personal information section and know at a glance and be able to plan for re-registration.

A Continual Professional Development section was included to aid your recording of CPD and other key professional milestones. We have received many positive comments on the new easy to use website, thank you.



Figure 2: Registered Practitioners and Students area on the website

The challenge is now to keep the website up to date, relevant and a reflection of the profession and the values we all hold and practice. Please let me know if you have specific requirements for new sections or specific information and we can work together to develop these areas.

This year I had the pleasure of meeting many practitioners, students and mentors. I attended the Scottish NAHPS conference and answered questions with Norma Jun-Tai from NAHPS on the challenges facing the profession in Scotland. The University of West London and HPSET Board have for the last six years been trying to establish a course based in Scotland. In January 2017 a questionnaire gathering the data we need to develop a business case will be on the HPSET website and I encourage all who could and would travel to Scotland for a course to complete the survey and inform your colleagues who may not have seen the request for information. This is key as we need a core number of students to be able to develop a course or pop up course.

I attended the NAHPS Annual Conference in London and presented a shorten version of the Annual Report for 2015/16. Rhonda Alexander was award the Mentor of the Year Award and demonstrated high standards of mentorship. I would request that all students and colleagues working with mentors consider nominating mentors this year as I would like the challenging of having to spend days reading about the valuable and important work they undertake on behalf of all the profession. Look for details on the website in 2017.

Derby Children's Hospital held a conference "Play and Positivity on Prescription" and I presented a paper which is on the website. This was an inspirational conference well supported by Healthcare Play Specialists in the Midlands.

I met with the students at Stanmore College on their last day at college, an unfortunate day for us all to travel with wide spread flooding and many delays on the road and railways. The presentation I had prepared became a discussion workshop which included registration, confidentiality and professional boundaries.

I have visited two Play Services and provided support and advice to one team and a formal review of a second Play Service and been part of their interview team.

Meriel Tootel and I have undertaken the mentor training at Bolton College, North Warwick & South Leicester College and Cardiff and Vale College. We will be attending mid-point review meetings with students and mentors to reflect on the year so far, look at the challenges and positive outcomes of the process. This year a new Practice Assessment Handbook, which incorporates the workplace competencies for students has been developed as part of the course revalidation and it is important that we reflect on the changes made and the impact on students and mentors.

Irene O'Donnell - Chair of NAHPS and I were part of a working group with The Royal College of Paediatric Anaesthetists to review their NICE chapter on clinical guidelines on identifying standards delivering services for children. We both made contributions that the research needed to include the child's voice and views and that not all children required a GA for procedures.

This year we say a goodbye to Maureen O'Hagan MBE who has been a valuable trustee for many years and thank her for all her numerous contributions. We say hello to Aimee Coltman, Catherine Gardner and Lynn Randall as new Trustees to the Board. Trustee profiles will be on the website in January 2017.

The January Board meeting will be a busy day with the annual general meeting, board reports, mandatory training for Trustees and planning key work streams for 2017.

My early plans for consideration and approval at Board are:

- Review of our governance structure and processes and to develop a plan for implementation
- To review and update the Professional and Student Codes of Conduct in partnership with NAHPS
- To review and update the Return to Practice guideline and process
- To investigate the opportunities and barriers to mandatory registration of the profession and develop a plan for mandatory registration
- Investigate opportunities for a Foundation degree course in Scotland and develop
- Investigate and develop a post graduate course with access to registration

I will post updates in the news section on the website throughout the year.

I look am looking forward to working with The Board of Trustees, registered practitioners and students next year representing the profession, striving for mandatory registration and meeting with you all at every opportunity. If you would like me or a Board member to join you at one of your team meetings or development days please contact me on the [admin@hpset.org.uk](mailto:admin@hpset.org.uk) and we will try to meet up with you.

**Tina Clegg**  
**Chair of the Board of Trustees**



## HPSET Registration Committee Report 2016



**Meriel Tootel**  
**Chief Registration Officer**

This year has seen quite a few changes to the policies and procedures linked to the registration process, in order to make re-registering a much smoother and simpler process for everyone, in particular, registrants.

New guidelines on the Indexation process were issued, as promised, to colleges last January to try to iron out any ambiguities in the process and to ensure that course tutors understand the process. The guidelines included the role and requirements of any mentor intending to supervise a student on the FdA in Healthcare Play Specialism Course. To date, the guidelines have proved to be a useful aide memoir to colleges.

With the launch of the exciting new website, <http://www.hpset.org.uk/re-registration/> registrants can now access all the information required for re-registering on-line and keep their own personal information up-to-date. Documents for re-registering can be downloaded from the website, completed as required and then posted to the Registration Co-ordinator. The website will inform registrants of the renewal deadline for re-registering to ensure that they maintain continuous registration. For the past 18 months, most contact with registrants has been via email, instead of by post, which has proved to be a much more efficient means of communication. However, it is important that registrants have ensured that the Registration Co-ordinator has their correct email address and preferably a personal one and not a work email, as some NHS systems are unable to receive our emails. On successful completion of the registration process the registrant's personal page on the HPSET website will be updated to show the new registration status and the new re-registration renewal date.

Registrants held on our database with up-to-date registrations have recently been rising year on year, which indicates the value registrants see in the membership of a professional register. There may be implications for registrants' salary or employment status if they do not have active professional registration.

The 'Suzanne Storer Award' for the best CPD profile, as mentioned in the last annual report, will be awarded for the first time this year. The Registration Committee has

identified outstanding profiles, as they have been assessed, and have then put them forward for the award. The winner, who will be announced at the NAHPS conference in June 2017, will receive a financial contribution not exceeding £100.00 in any one year period to the furtherance of a CPD activity. The award may support the attendance at a local or national conference, a short course, or visit to a place of excellence, assist with resources to write, print or publish an article, design a leaflet etc. The winner will be provided with a complimentary ticket to attend the NAHPS Conference. Further details about this award can be found on the HPSET website.

Wishing everyone a productive and successful year for 2017.

**Meriel Tootel**  
**Chief Registration Officer**



**Julia Whitaker**  
**Registration Co-ordinator**

The Board would like to take this opportunity to thank Julia for her work as registration coordinator this last year and particularly for the support she has shown to the development of the new website registration section.

## **An overview from the University**

The FdA Healthcare Play Specialism course is still being delivered on four sites. Unfortunately, due to poor OFSTED reviews for Stanmore College, the University has not at this time renewed the contract with Stanmore for the College to deliver the FdA, and current students are being taught out. This in no way reflects the quality of the training the students receive at Stanmore, in which the University continues to have confidence.

The Foundation Degree was successfully re-validated in May 2016. HPSET and NAHPS worked closely with the four Colleges and the University of West London in the revisions to the course. Feedback from past and current students, as well as mentors, were taken into consideration. Minor modifications were made to the previous course.

The results in August 2016, for those completing their Foundation Degree were:

HPS	Distinction	Merit	Pass	Fail	Yet to complete	Total number completed to date
Bolton College	7	3	0	0	0	10
Cardiff and Vale College	1	1	0	0	1	2
North Warwickshire and Hinckley College	4	3	4	0	0	11
Stanmore College	6	5	0	0	1	11

Table 1: Results from the colleges 2015-2016

The predicted numbers for September 2016 at the four Colleges are:

College	Year 1	Year 2
Bolton	10	13
Cardiff and Vale	8	4
North Warwickshire and Hinckley	10	12
Stanmore	closed	12

Table 2: Overall numbers at the end of 2016

In November 2016 Nescot College was formally approved to deliver the Foundation Degree in the London area. The first intake will start on February 28, 2017, and thereafter they will move to a September start as the other Colleges.

**Laila Paulsen-Becejac**  
**University of West London**

### **Report from Bolton College**

This has been another successful year at Bolton College which has seen the fourth cohort of students successfully completing the second year of the course and graduating. This has led to 10 students registering with HPSET as Registered Play Specialists. Four of these students have been successful at gaining employment, with two students successfully securing HPS positions at Leeds Hospital, one at Crumlin Hospital in Ireland, one a hospital in London and one securing a place on a Nursing course in Manchester.

Results to date	Enrolment	Retention	Achievement	Success	Comments
2013 - 2015	7	6 86%	6 100%	86%	2 Merits 4 Distinctions
2014 - 2016	10	10 100%	10 100%		100% achievement 7 Distinctions 3 Merits
2015- 2017	15	13	13 93%	93%	100% achievement at level 4
2016- 2018	10	9			

Table 3: Summary of results

In September 2015 a group of 15 students were enrolled onto the HPS course which is an increase of 50% on last year's intake. All were indexed with HPSET and the collection of the indexation fee at the point of enrolment worked well. Thirteen enrolled into year 2 and one withdrew within the first week due to illness and one has deferred until September 2017. All have successfully completed the first year of their studies.

The 2014/2016 cohort of 10 students all successfully completed their HPS course with 7 Distinctions and 3 Merit grades. Six have now progressed onto the newly validated BA(Hons) in Integrated Services for Children and Young People.

In January 2016 both current HPS (Years 1 and 2) groups received Counselling Skills training from one of the counselling tutors at Bolton College and information from the College Career's team regarding employment within the sector. Feedback received was both positive and encouraging as they agreed that these were very worthwhile training sessions giving them an insight into the skills they need when working with children and families within a healthcare setting, plus employment opportunities.

Mentors have had an induction with Meriel Tootell – who is the local representative of HPSET for Bolton College (October 2015) with lots of questions raised and explored regarding the role of the mentor and their responsibilities, plus unravelling the Practice Assessment Handbook (PAH). A power point presentation was used which proved to be a user friendly and effective tool for the purpose intended. This was confirmed by the feedback received.

Student feedback has indicated that mentors are carrying out their expected role and obligations effectively. Some mentors had requested last year that a closer liaison between the college tutors and themselves was needed. This has been acknowledged and Kathryn Terry has been allocated 2.5 days within her timetable to visit mentors.

There has been staffing changes once again within the college with a new Curriculum Leader. However, the course continues to be managed and delivered by staff with a wide range of experience and varying specialisms relevant to the

curriculum. The academic content of the programme continues to be enhanced by guest speakers, visits to hospitals and current practitioners.

**Kathryn E. Terry**  
**Course Leader**

## Report from Cardiff and Vale College

In 2016 four students from year 1 progressed into year 2, while two others deferred their studies. Of the cohort graduating this year, one has taken a position as a play leader on a cruise ship and another was offered a HPS position back home in Ireland. This year we have seen an increase in enrolments and have welcomed our first male student on to the course. The 2017 cohort is anticipated to be larger again, with an increased number of applications on previous years and four places offered to date.

<b>Results to date</b>	<b>Enrolment</b>	<b>Retention</b>	<b>Achievement</b>	<b>Success</b>	<b>Comments</b>
2013 - 2015	3	3 100%	3 100%	100%	2 Distinctions 1 Merit
2014 - 2016	3	3	2	67%	1 Distinction, 1 pass and one yet to complete.
2015- 2017	6	4	4	67%	67% success at Level 4
2016-2018	8				

Table 4: Summary of results

During 2016, mentors had an induction with Tina Clegg, Chair of HPSET, where they had the opportunity to explore the role of the HPS and that of the mentor. In 2015 mentors suggested that a closer liaison between the college tutors and themselves was needed and this is working well. This year, a number of mentors have expressed an interest in joining the teaching team to deliver focussed sessions throughout the year. Mentors at the Heath Hospital are working with the new programme leader to discuss content and it is anticipated that these sessions will begin in the new academic year.

**Leigh Webber**  
**Programme Leader**



## Report from North Warwickshire and Hinckley College

This has been a successful year at North Warwickshire and Hinckley College, which has seen the second cohort of students successfully completing the second year of the course and graduating. This has led to 2 students registering with HPSET as Registered Play Specialists. Most of these students have been successful at gaining employment.



Figure 3: Our graduates at the UWL Graduation Ceremony

Results to date	Enrolment	Retention	Achievement	Comments
2014 - 2016	14	11	100%	100% achievement at level 4 100% achievement at level 5 4 x Dist 3 x Merit 4 x Pass
2015- 2017	16	12	100%	100% achievement at level 4 1 deferred level 5 until Sept 2017
2016 - 2018	11			

Table 5: Summary of results

In September 2016 a fourth cohort of 11 students were enrolled onto the course. All are female and all are indexed with HPSET.

Mentors have had an induction with Tina Clegg – Chair at HPSET (October 2016) with lots of questions raised and explored regarding the role of the mentor and their responsibilities. NWHC continues to invite mentors in at the midpoint review. Student feedback indicates that mentors are carrying out their expected role and obligations effectively. Some mentors requested that a closer liaison between the college tutors and themselves was needed. This was acknowledged and has been acted upon. Jackie Ford has issued her work e-mail and phone number to all mentors.

There have been staffing changes with Health lecturers now being involved in the delivery of the course at both level 4 and level 5 and play specialists being invited in as guest speakers on the L4 'Play and Recreation' module and the L5 'Leadership and Management' module. The course continues to be managed and delivered by staff with a wide range of experience and varying specialisms relevant to the curriculum. The academic content of the programme has been successfully revalidated and is continually being developed to include the use of guest speakers, and current practitioners.

**Jacqueline Ford**  
**Programme Leader**

## **Report from Stanmore College**

This has been another good year for the FdA HPS course and we have really enjoyed teaching both sets of students who have actively shared in the teaching process. One of the benefits of delivering a course advocating a playful pedagogy is the implicit permission to use play based strategies for teaching and the students have energetically engaged with this approach – for example, posing on request for photographs used in conference presentations showing our lively teaching sessions.



Figure 4: Student engagement – playful participation

In November, the fifth set of students graduate in the Weston Hall at the St Mary's Road Campus, University of West London and all the students who graduated have

been registered with HPSET. We have one remaining student who has yet to complete the workplace competencies in practice and arrangements are currently being made to facilitate the opportunity to complete these.

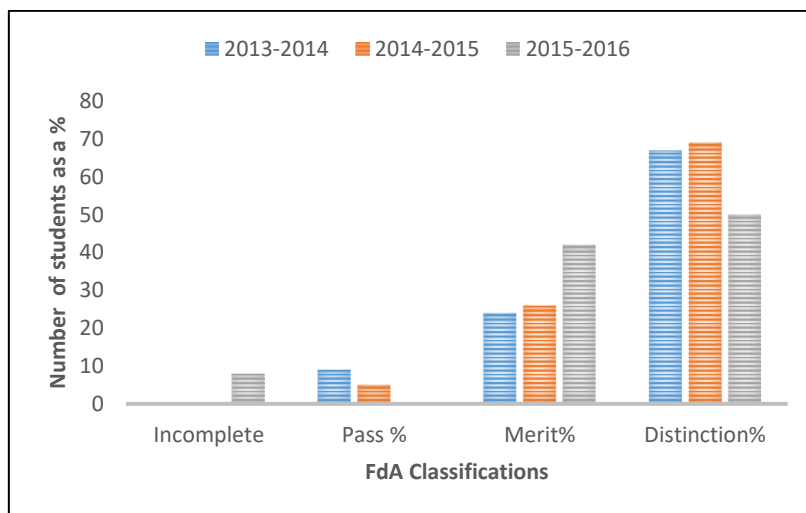
A number of registered Health Play Specialists from the FdA programme at the college from the previous two years progressed onto the one year top up to graduate with a *BA (Hons) Working in integrated services for children and young people* at the same ceremony. They did exceptionally well and their impressive honours classifications were as follows: -

First x 5    2:1 x 1

	Enrolment	Retention	Achievement	Progression	Comments
Year 1 Level 4	15	80%	92%	92%	1 student withdrew 1 student deferred 1 student failed
Year 2 Level 5	12	100%	92%	-	Distinction x 6 Merit x 5 Incomplete x 1

Table 6: Summary of results

These results compare favourably when viewed as part of the three year trend:-



Bar chart 1: Classification of FdA HPS – 3 year trend

This year, due to the impending closure of the course at Stanmore College, we have been unable to recruit any new students to the course. We are ‘teaching through’ the FdA HPS cohort, who will complete using the original validated course.

**Alison Tonkin**  
Course Leader

## **National Association of Health Play Specialists (NAHPS) Annual Report 2016**

2016 has been a busy but productive time since returning from maternity leave to my post as Chair of NAHPS. Thank you to Emma Eardley who was acting Chair for 12 months.

Emma kicked off an exciting year for NAHPS as she was invited to teach on the HPS Japan course in January which was a great opportunity to share her knowledge and practice and for NAHPS to support our international colleagues. Emma will be returning to Japan in early 2017 to deliver another block of teaching.

We have had some movement and changes on the NAHPS National Executive Committee (NEC) during the year with a new Vice-Chair being appointed. I am delighted to welcome Penelope Hart-Spencer to this role. Vanessa Daniels, Branch Liaison, has sadly tendered her resignation from the NEC as she will be retiring next year. Vanessa has done a wonderful job of representing NAHPS during her time on the NAHPS National Executive Committee and formed strong links with health play specialists around the UK. This has left us with a few vacant posts on the NAHPS NEC and we were delighted to have received nominations to consider at the September committee meeting where we were able to welcome Sian Cullimore and Sue Haywood to the NEC.

NAHPS continues to work collaboratively with HPSET to raise standards across the profession and during the past year we have worked to strengthen these links even further. NAHPS has been represented on the HPSET board for many years and so we felt it was time to invite HPSET to be part of our committee meetings. Therefore, we are delighted that Tina Clegg, Chair of HPSET, started to attend the NEC meetings in 2016 and will represent HPSET to continue our joined-up working and partnership.

I have been working on several projects with Tina Clegg during over the past 12 months and we jointly represented the HPS profession at a meeting in January at the Royal College of Anaesthetists. We were there to join a discussion on the review of the NICE guidelines for children and young people having sedation and GA. The concept of using play preparation as an alternative option to sedation or GA was raised and acknowledged along with the involvement of the child and young person in decision-making process.

Further collaborative partnerships are continuing to blossom with other organizations including the RCPCH, the RCN and Play England. NAHPS is passionate about placing the importance of play in healthcare and the essential role of the HPS high on everyone's agenda throughout the NHS.

We have expanded our use of social media and now have 822 followers on Twitter! We have recently set up a NAHPS official Facebook page where we can share information and signpost regarding the profession. We have found that this is a highly effective way of connecting and communicating with various organizations and fellow HPS'S to share good practice and support the case for pay in healthcare.

The spring study day was organized by Ishbel Proctor, NAHPS representative for Scotland, and held in Dundee on 23<sup>rd</sup> April. Entitled 'I Matter' it focused on the mental health issues faced by children and young people. Members of the NAHPS NEC and HPSET attended on the day to answer questions about the profession. The day was a great success which gave a valuable opportunity for HPS's based in Scotland to come together and share their experiences.

April was an important month with NAHPS making their debut at the RCPCH conference in Liverpool. I had the pleasure of presenting alongside three of my NAHPS colleagues on 'To Play or GA?' endorsing the value and importance of play in healthcare. The presentation was very well received and opened many rich conversations from the audience which included Consultants, nurses and many allied health professionals. The highlight for me must be that were proclaimed as the stand out presentation of the day on Twitter!

The NAHPS Annual Conference and AGM entitled 'Play Matters!' was held in London on Friday 17<sup>th</sup> June. The day was our biggest conference to date with over 100 delegates in attendance. There was a wide variety of speakers including the key note lecture from professor Judith Ellis Chief Executive of the RCPCH, Play England, Teenage Cancer Trust and many fantastic presentations from qualified registered Health Play Specialists' who shared their experience and work with children and young people in healthcare.

National Play in Hospital week was held from 26<sup>th</sup>-30<sup>th</sup> September. We carried on the theme from the conference of Play Matters! The week continues to be supported by Starlight Children's Foundation and was a huge success with huge numbers of HPS's sharing their practice and how they were marking PIHW in their settings.

NAHPS will continue to work in partnership in supporting Health Play Specialists who are working in many different healthcare settings supporting children and young people on their journey. We know the support we offer is so vital to the children and young people for whom we are there to make a difference.

**Irene O'Donnell**

**Chair NAHPS**





**Richard Spicer  
Honorary Treasurer**

**Statement of Financial Activities - Year Ended 30 September 2016**

The Healthcare Play Specialist Education Trust  
Registered Charity number 292218  
Statement of Financial Activities  
for the year ended 30th September 2016

	<u>2016</u>		<u>2015</u>
	Unrestricted funds	Total	Total
	£	£	£
<b>Incoming resources</b>			
Investment income	870	870	913
Bank interest receivable	6	6	6
Charitable trading activities	23,985	23,985	20,836
Other incoming resources	-	-	-
Total unrestricted income	<u>24,861</u>	<u>24,861</u>	<u>21,755</u>
<b>Resources expended</b>			
Charitable activities	1,018	1,018	958
Governance costs	8,034	8,034	5,984
Office expenses	11,678	11,678	8,085
Financial costs	600	600	600
Total expenditure	<u>21,330</u>	<u>21,330</u>	<u>15,627</u>
Net movements in funds for the year	3,531	3,531	6,128
Total funds brought forward	107,247	107,247	101,119
Total funds carried forward	<u>110,778</u>	<u>110,778</u>	<u>107,247</u>

There were no recognised losses for 2015 or 2016 other than those included in the financial statements.

The accounts were approved by the Trustees at the Board Meeting on the 28<sup>th</sup> November 2016.

A full copy of the financial accounts may be obtained on request from the office.